



2021/2022 REVISED Skating Schedule
Starting Sunday September 26, 2021
(Subject to change based on direction from Civic Centre)

SUNDAY

1:10 – 2:25pm	Pink – Group Session
2:25 – 2:35pm	FLOOD
2:35 – 3:25pm	CanSkate Stage 1-6
2:55 – 3:25pm	PreCanSkate
3:25 – 3:35pm	FLOOD
3:35 – 4:35pm	Juvenile Synchro Team
4:35 – 4:45pm	FLOOD
4:45 – 5:45pm	Beginner 1 Team
5:45-6:45pm	Beginner 2 Team

MONDAY

6:45 – 7:45AM	Pre-Novice Synchro Team
3:40 – 5:15pm	GREEN Session
4:45 – 6:40pm	ORANGE Session
5:15 – 5:25pm	FLOOD

TUESDAY

6:45 – 8:15am	ORANGE Session
3:30 – 5:00pm	BLUE Session
4:45 – 6:30pm	GREEN Session
5:20 – 5:30pm	FLOOD

WEDNESDAY

6:45 – 8:15am	BLUE/GREEN Freeskate
3:55 – 5:25pm	ORANGE Session
5:25 – 5:40pm	FLOOD / DISINFECTING
5:40 – 6:30pm	CanSkate Stage 1-6
6:00 – 6:30pm	Pre-CanSkate

THURSDAY

6:45 – 8:15am	ORANGE Session
3:30 – 5:00pm	PINK – Group Session
3:55 – 4:45pm	Accelerated CanSkate [2 nd or 3 rd Session Option]
4:45 – 6:30pm	BLUE Session
5:20 – 5:30pm	FLOOD

FRIDAY

3:40 – 4:55pm	ORANGE Session
4:25 – 5:40pm	GREEN Freeskate

Please Note:

1. Since we are unable to offer off-ice Yoga and Fitness Sessions at this time, skaters are encouraged to do their own at home.
2. Schedule may have to be altered for FLOOD / DISINFECTING depending on how Covid-19 develops in our province and with direction from Civic Centre management.

SILVER BLADES SKATING CLUB

SESSION CRITERIA 2021-2022

PLEASE NOTE:

1. To ensure your skater registers for the appropriate sessions, please discuss with your base coach prior to registration.
2. SBSC reserves the right to re-allocate skaters to more appropriate sessions to guarantee maximum use of ice time.
3. Any requests for sessions beyond each session criteria would be considered a special request.

PreCanSkate	<ul style="list-style-type: none"> • Learn to skate program for 3-5 year olds. • Must be 3 at time of registration
CanSkate	<ul style="list-style-type: none"> • Learn to skate program for 5 year olds and older working on Stages 1-6, if able to skate unassisted.
Accelerated CanSkate	<ul style="list-style-type: none"> • For skaters passed Stage 4 badge and higher • Must be registered for a minimum of one CanSkate session • This session will be a second or third day option
PINK	<ul style="list-style-type: none"> • Must have passed Stage 6 CanSkate Badge • Working on STAR 1 Assessments • All sessions will be taught in group format as per Skate Canada guidelines • No base coach required at this level • Yoga and off-ice fitness at home are encouraged
BLUE	<ul style="list-style-type: none"> • Passed COMPLETE STAR 1 Assessments [Skills, Freeskate and Dance] • Yoga and off-ice fitness at home are encouraged
GREEN	<ul style="list-style-type: none"> • Passed complete STAR 4 Freeskate / Elements and Program • Yoga and off-ice fitness at home are encouraged
ORANGE	<p>COMPETITIVE</p> <ul style="list-style-type: none"> • Passed complete STAR 5 freeskate • MUST be attending the 2021 Sectional Championships in November in PreJuvenile or higher event • Must skate a minimum of 3 ORANGE time slots • Yoga and off-ice fitness at home are expected <p>STARSKATE</p> <ul style="list-style-type: none"> • Passed Complete Senior Silver / STAR 10 Freeskate • Must skate a minimum of 3 Orange sessions • Yoga and off-ice fitness at home are encouraged

Reminder: To ensure your skater registers for the appropriate sessions, please discuss with your base coach prior to registration